

Corey L. Howard, MD FACP FMNM FAARFM



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Medical Career

Collaborative Faculty, University of South Florida Morsani College of Medicine	2019-
Assistant Professor, Department of Internal Medicine	
Private Practice -Howard Health and Wellness	2015-
Internal Medicine, Men/Women's Hormone Care/Anti-aging	
Internal Medicine, Anti-aging, Functional and Regenerative Medicine	2005-
Solo Practice, Gastroenterology and Liver Diseases	1996-2005

Honors and Awards

Distinguished Service Away, Florida Medical Association	2024
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Physician of the year: Collier County Medical Society	2024
Presidential Citation: American Academy of Dermatology	2024
For work on Medicare Payment Reform	
Service Award (Highest honor, only given out 3 times)	2018
American College of Physicians, Florida Chapter	
Voted Gulfshore Life, Best Medical Practice	2004,2005,2008,2009
Nominated Best Physician of the Year, NCH Healthcare	2005
Advanced to Fellowship Status, American College of Physicians	2000
Who's Who in Medicine in America	2000
Recipient AMA/Glaxo Wellcome Emerging Leaders Award	2000
American College of Physician, Outstanding Resident of the Year	1994
Boy's and Girl's Club Certificate of Appreciation for Outstanding Community Service	1992
Resident Teacher of the Year Nominee	1992
Resident Teacher Awards	June/October 1992
President's List, University of South Florida	1984,1985,1986
Dean's List, University of South Florida	1983,1984,1985,1986

Business Career (Non-Medical)

Advisory Board Member, Intercept TeleMed, Inc	2021-
Life Coach	2018-
Graduate of Robbins Madanes Training	
Completed training under: Tony Robbins, Cloe Madanes, Mark Peysha and Magali Peysha	
Office Administrator, Yag-Howard Dermatology	2016-2018
Chief Financial Officer, Advanced Dermatology	1997-2020
XPT Technologies, President	2000
Eat Right America, Consultant	2008
Postgraduate Education	
Robbins Madanes Training, Life Coach Training	2018
Fellowship Metabolic and Nutritional Medicine	2015
Metabolic Medicine Institute	
American Academy of Anti-Aging Medicine, Board Certified	2014-2015
ROUXBE Cooking School	2014
Professional Plant Based Certification	

Gastroenterology Fellowship	1994-1996
Division of Digestive Diseases and Nutrition	
University of South Florida, Tampa, Florida	
Chief Resident, Internal Medicine	1993-1994
University of South Florida, Tampa, Florida	
Resident, Internal Medicine	1991-1993
University of South Florida, Tampa, Florida	
Internship, Psychiatry	1990-1991
Long Island Jewish Medical Center	
Hillside Hospital Division, Campus for the Albert Einstein College of Medicine.	
Medical Education	
Doctor of Medicine	1986-1990
University of South Florida College of Medicine, Tampa, Florida	
Undergraduate Education	
Bachelor of Science in Biology, Cum Laude	1982-1986
University of South Florida, Tampa, Florida	
Board Certification, American Board of Internal Medicine	
Board Certified Internal Medicine (recertification)	2018-2028
Board Certified Gastroenterology	1997-2007
Passed all requirements for recertification with >100 hours and all modules.	
Meeting Maintenance of certification requirements.	
Board Certified Internal Medicine (recertification)	2005-2015
Meeting Maintenance of certification requirements	
Board Certified Internal Medicine	1995-2005
Board Certified, American Board of Anti-Aging and Regenerative Medicine	2015
Board Certified, Internal Medicine	2008, 2018
National Board of Physicians and Surgeons	
Board Certified, Gastroenterology	2016, 2018
National Board of Physicians and Surgeons	
Board Certification, National Board of Physicians and Surgeons	
Board Certified, Internal Medicine (NBPAS)	2016-
Board Certified, Gastroenterology (NBPAS)	2016-

Professional Society (Medical Membership)

American Medical Association

Florida Medical Association
Collier County Medical Society
American College of Physicians
American College of Lifestyle Medicine
American Gastroenterological Association
American Academy of Anti-Aging Medicine
American College of Preventive Medicine
American College of Sports Medicine

Non-Medical Membership

American Institute of Parliamentarians
Naples Area Triathletes
National Speakers Association
Velo Cycling Naples, FL
Gulf coast Runners Club
United States of America Triathlon
National Youth Sports Coaches Association

Leadership Positions and Committees-Societal

American Medical Association	
Member, Resolution Review Committee	2021
Member, ad hoc committee on Parliamentary procedure	2015
Chair, FMA Delegation	2011-
Vice Chair, FMA Delegation	2010
Member Reference Committee A	2010
Delegate, FMA	2005-
Member, Reference Committee on Governance and Finance (F)	2005-2007
Alternate Delegate from Florida	2003-2005
Member, Reference Committee D	2003
Delegate, FMA YPS to AMA YPS	2000-2003
Chair, Reference Committee (Young Physicians Section)	2000
Delegate, ACP-ASIM to AMA YPS	1998-2000
Chair, Reference Committee RFS, Annual Meeting	1996
Delegate, FMA Resident Physician Section	1995

Delegate, ASIM, RPS	1992-1995
Florida Medical Association (FMA)	
President's Advisory Board	2020-2024
Committee on Physician Wellness	2020-
Board Member, AMA Chair	2010-2024
Foundation for Healthy Floridians	2019-2021
Immediate Past President, FMA	2019-2020
President, FMA	2018-2019
Chair, Board of Governors	2018-2019
President-Elect, FMA	2017-2018
Committee on Federal Legislation	2016
Committee on Finance and Appropriations	2011-
Member, Board of Governors Executive Committee	2011-
Speaker, FMA	2014-2017
Vice Speaker, FMA	2011-2014
Chair, FMA Delegation	2011-
Vice Chair, FMA Delegation	2010-2011
Member of the executive committee, Board of Governors	2010-2024
Member of the Board of Governors	2005-2024
Delegate to AMA	2005-2024
Secretary FMA Delegation to AMA	2007-2010
Alternate Delegate to AMA	2003-2005
Florida Medical Association PAC, Board Member	2003-2007,
2014-	
Chair, Young Physician Section	2002-2004
Member, Board of Governors	2002-2004
Vice Chair, Membership	2004
Member Strategic Planning Committee	2004
Vice Chair, YPS	2001-2002
Member, YPS Governing Council	1996-2004
Vice Chair, YPS	1997-1998
Member, Council on Legislation	1997-1998
Chair, Educational Session for FMA YPS Annual Meeting	1997
Chair, FMA-RPS Delegation to AMA Interim Meeting	1995
Member at Large, RPS Governing Council	1995-1996

Collier County Medical Society

Physician Wellness Committee	2019-
Chair, nominating committee	2016
Chair, Legislation	2007-2009
Immediate Past President	2002-2003
President	2001-2002
President Elect	2000-2001
Treasurer	1999-2000
Secretary	1998-1999
Member of Executive Committee	1998-2003
Delegate to FMA	1999-2024

American Society of Internal Medicine (now American College of Physicians)

Member, Reference Committee, Annual Meeting	1997
Immediate Past Chair, RPS	1995-1996
Ancient Elliptical Order of Alligators Inductee	1994
Member, Board of Trustees	1994-1995
Chair, Governing Council RPS	1994-1995
Delegate to AMA RPS	1994-1995
Chair, Elect RPS	1993-1994
Member at Large, RPS	1992-1993
Florida Society of Internal Medicine	
Immediate Past President, Governing Council RPS	1994-1995
President, Governing Council RPS	1993-1994
President Elect, Governing Council RPS	1992-1993
Alternate Delegate to ASIM House of Delegates	1992-1997
American College of Preventive Medicine	
Member of Prevention Practice Committee	2012-2015
American College of Lifestyle Medicine	
Member, Clinical Practice Model Working Group	2016-
Member of Lifestyle Medicine Standards Committee	2013-2015

American College of Gastroenterology

Ad Hoc Committee on Practice Affairs 1994-1995

Leadership Positions and Committees (non-societal)

Member, Morsani College of Medicine Alumni Board 2016-2020
Member, Food Advisory Committee, Blue Zone Project Naples 2015-2017
Chair, Department of Internal Medicine, NCH Healthcare 2004-2007
Vice Chair, Department of Internal Medicine, NCH 2002-2004
Chair, Subsection Chiefs, Internal Medicine, NCH 2006-2007
Member of Medical Executive Committee, NCH 2002-2007
Council on Medical Education, NCH 1996-2005
Residency Review Committee, representing ASIM and ABIM 1995-1996
President, House staff Association (USF) 1993-1994
Medical Executive Committee, USF 1993-1994
Residency Review Committee, USF 1993-1994
Graduate Medical Education Committee, USF 1993-1994
Alumni Association, USF 1993-1994
Secretary, House staff Association, USF 1992-1993
Director of Communications, Mortar Board 1985-1986

Community Service

Treasurer, Naples Faceoff Lacrosse Club 2015
School Advisory Committee, Gulfview Middle School 2013-2015
Board of Greater Naples Little League 2006-2007
Commissioner, Double A Division Little League 2005-2007
Commissioner, Single A Division Little League 2004-2005
Coach, Greater Naples Little League 2003-2007
Coach, YMCA, Naples Basketball 2003

Activities (other)

Member peer review board, Journal of Disease Reversal and Prevention 2018-
Podcast, Live Beyond Well (iTunes, Google Play) 2018
Published Fiction Author, CHAIN REACTION 2016

Musician, Jazz Ensemble/Seminar on Music and Movement	2014
Musician, Band Member, Throat Culture	2010-2014
Editor, The Forum (Collier County Medical Society Journal)	2001-2002
Certified Speaker, Merck	2001-2002
AMPAC Campaign Training Program	2000
Member, Editorial Review Board, The Florida Internist	2000-2004
Organizer and Moderator, General Medicine Journal Club	1999-2004
Lecturer, Internal Medicine Board Review Course, Gastroenterology	1996 (June)
Lecturer, Medicine Today and In the Future, USF Medical School	1996 (April)
Participant, Florida Medical Association Legislative Visitation Program	1996 (March)
Radio Show Guest Host, Managed Care and the Doctor Patient Relationship	1996 (January)
Member, Manuscript Review Board, Hospital Physician	1995-1997
Instructor, 3rd Year Medical Student Course in Internal Medicine	1994
Organizer and Instructor, ECG Conference for 3rd Year Students	1994
Preceptor, Physical Diagnosis, 2nd Year Medical Students	1994
Participant, Physical Examinations for Boys and Girls Club, Tampa Bay	1991-1993
Instructor, AIDS Outreach Program	1989
Participant, Physician Shadow Program	1987
Swimming Coach, Special Olympics (USF)	1984

Presentations

AMA Region 4 Medical Students: "How To Craft Successful Polices"	January 2019
University of Miami School of Medicine, Medical Politics and Resolution Writing	November 2018
University of South Florida Colloquium Speaker: Organized Medicine	November 2018
Overview, Mainstream Politics and Healthcare policy	
Lifestyle Habits for a Better Life, ACOG Regional Meeting	October 2018
Working with Life Coaches, ACOG Regional Meeting	October 2018
Nutrition for the Busy Clinician, ACOG Regional Meeting	October 2018
How to Craft Successful Resolutions, University of Florida College of Medicine	October 2018
For UF medical students	
USF MCOM "The Critical Science of Nutrition" MS1-2 Course with Dr. Hansen	March 2017

USF MCOM “The Science of Lifestyle Medicine” Medical Grand Rounds	March 2017
USF MCOM Colloquium on Medical Politics and Communication	February 2017
Plant Pure Summit Key Speaker	2016
Dr. Stoll’s Immersion, Naples Florida October 2016	
The Gut Microbiome in Health	
The Science of Lifestyle Medicine, ACP, Florida Chapter 2016	September
The Science of Lifestyle Medicine	July 2016
Costa Rica Physicians group, San Jose Costa Rica	
The Science of Lifestyle Medicine, Collier County Health Department Seminar Series for Lifestyle Based Wellness Program	March 2016 2016
London Bay Homes Seminar Series	
Let’s talk about food	
Sleep and Supplementation	
Essential nutrition	
Exercise	
Environmental toxicity	
Love and Connection	
Metrics and more	
How to eat to live	
USF Colloquium, Politics/Policy and Resolution Creation	January, 2016
Live Better Now: Getting Started Right	January, 2016
Healthcare as a career, Immokalee Foundation Series	January, 2016
Let’s Talk About Health, Immokalee Foundation Seminar 2015	December,
Live Better Now: Let’s Talk About Food	December,2015
3rd International Plant Based Nutrition Conference, Orange County California September,2015	
The Gut Microbiome: The Universe Within	
Dr. Stoll’s Immersion. Naples, Florida.	October, 2015
The Gut Microbiome in Health	
Live Better NOW, workshop October, 2015	
7th Annual Women’s Health Forum	March, 2015
Healthy Life Seminar, Berkshire Women’s Group	December,2014

Motion and Emotion through Music. A jazz concert (with Dr. Howard's jazz Quartet) and discussion about Lifestyle Medicine.	2014
Listening Workshop. (Multiple locations)	2014
Webinar Series 2015 (84 separate webinars on a variety of topics related to health and nutrition)	2013-
Live Better Now: Blog Talk Radio, variety of shows. (26,000+ downloads).	2013
Recover Right and Improve Your Performance. Florida Gulf Coast University	2009
"ERCP: Indications Contraindications and Complications". Gastroenterology (June)	1996
GI Clinical Conference, Tampa, FL	
"Nutrition: What goes in comes out" Medical Noon-Conference, Tampa, FL (April)	1996
"Nutrition: What goes in comes out" Tampa Dietetic Association. (March)	1996
"Celiac Disease Masquerading as Iron Deficiency Anemia" (October)	1995
"Sweets Syndrome". Oral presentation, ACP Regional Meeting. (April)	1994
"Colorectal Neoplasms: Current Concepts, Future Trends" (May)	1994
"Medical Socioeconomics: What this means to the Resident physician. Sponsored by FSIM at the University of South Florida	1994
"Screening Colonoscopy in Asymptomatic Average Risk Subjects" (October)	1993
Best Scientific Paper Award 87th Annual meeting of the Southern Medical Society	
"Screening Colonoscopy in Asymptomatic Average Risk Subjects" Presentation at the Florida Gastroenterologic Society	1993

Publications

Chain Reaction (fiction Novel)	2016
The Truth About Your Diet. Health and Wellness Magazine	2015
Health Begins With You, Health and Wellness Magazine	2015
Personalized Medicine Can Save Your Life, Health and Wellness Magazine September, 2015	

Testosterone Therapy for Men: What You Need to Know Right Now	August, 2015
Stomach Pain: Is it Irritable Bowel or Something More Serious	July, 2015
Bacteria in your gut: How are they good for you?	June, 2015
Become Healthier Today: One Bite At A Time	May, 2015
Health and Wellness Magazine	
Reduce Your Risk of Alzheimer's disease, Naturally (H&W Mag)	April, 2015
Handbook for Gastroenterology. Internal Publication for GI Fellows.	1996
"Fever following percutaneous gastrostomy tube placement"	1996
C. Howard and P. Brady. Hospital Physician.	
"Bumper Bleeding: Gastrointestinal Hemorrhage as a Late Complication of PEG Placement" C. Howard, P. Brady, K. Weiss and H. Pinkas. Gastrointestinal Endoscopy. Volume 43, number 4. April 1996	
"The Last Minute" C. Howard. ASIM Resident Impressions. Winter 1995	
"Managed Care and Resident Training: What's Really Going On?" C. Howard. The Internist. October 1995.	
"Board Certification: A Method of Evaluation Whose Usefulness is Changing" C. Howard. ASIM Resident Impressions. Spring 1995	
"Now's the Time (for residents to get involved) C. Howard. ASIM Resident Impressions.	
"Transjugular Intrahepatic Portosystemic Shunt for Palliation in a Patient with Bleeding Esophageal Varices and Hepatocellular Carcinoma. A case report and review of the literature. Submitted for publication. C. Howard, HJ Nord.	
"Why Physicians Should be Involved with Medical Politics" C Howard. The Internist. February 1994	

Prior Research Projects

Triamcinolone injection for radiation induced esophageal strictures.

Diminutive adenomatous polyps found at flexible sigmoidoscopy: Significance and role for colonoscopy. Review of the experience over an 8 year period at the University of South Florida.

Case report: Giant esophageal ulceration after variceal banding, an unexpected complication.

Miscellaneous

Published Fiction Novel in January 2016: Chain Reaction

Jazz saxophonist

Ironman triathlete
